Rapid changes in technology and lifestyles have brought on new and higher levels of stress than ever before, and telemarketing has become one of the larger spokes in this ever spinning wheel. Like the preverbal leach, telemarketing is sucking every ounce of spare time out of our daily lives. The amount of time the average person is taking just to answer these calls is reaching a point of insanity. Duplicate calls from the same source are not uncommon and tend to add to these frustrations.

In short the amount of stress brought on by these telemarketers is ridiculous, and has to stop somewhere. Telemarketing can and should be controlled. All we need a tool to help us choose our own free time.

Robert Adams